

# **Dane County Comprehensive Community Services**

## *Youth SF Directory*

Revised 3/29/2024

\*\*\*Please remember to verify your provider is in-network at the facility and date of your appointment\*\*\*

# ANESIS CENTER FOR MARRIAGE AND FAMILY THERAPY LLC

**815 FORWARD Drive**  
**MADISON, WI 53711**  
*Wheelchair Accessible*

**2701 INTERNATIONAL Lane**  
**STE 210**  
**MADISON, WI 53704-3126**

**Telephone:** (608) 268-6530

**Fax:** (608) 709-1744

**Website:** <http://anesistherapycenter.com/>

**Services Provided:**

- \* SERVICE FACILITATION (assessment/planning)
- \* Diagnostic Evaluations
- \* Employment-Related Skill Training
- \* Individual and/or Family Psychoeducation
- \* Individual Skill Development and Enhancement
- \* Medication Management
- \* Peer Support
- \* Physical Health Monitoring
- \* Psychotherapy
- \* Substance Abuse Treatment
- \* Wellness Management and Recovery/Recovery Support Services

**Ages Served:** Birth - 84

**Service Location:** Home, Office, Other Place of Service

**Service Limitations:** We do not specialize in treatment for autism or developmental disabilities

**Languages:** Albanian, French, Hmong, Spanish, Turkish

**Service Description**

Located in the heart of the Madison community, Anesis Therapy stands out for its commitment to providing mental health services that deeply support structural inclusivity. Our multidisciplinary team of therapists possesses a wealth of life and clinical experiences, insight, and community expertise, which contribute to fostering empathy and understanding throughout every facet of our practice.

At Anesis Therapy, warmth, positive regard, deep therapeutic connections, and representation serve as the foundation of our services. We champion the power of individual stories and create a safe space for sharing them, sparking the healing process.

As systems therapists and mental health professionals, we address problems by considering the social, political, and cultural storylines that shape our self-perceptions and personal narratives. Our approach extends to family therapy, where we strive to transform the family system instead of solely focusing on specific members.

Our expertise encompasses a wide range of therapies and interventions, including:

- Trauma-focused Cognitive Behavioral Therapy for youth
- Brainspotting
- Substance abuse counseling
- Child Parent Psychotherapy
- EMDR
- ACT Parenting
- Cultural and linguistic specific services for racially and diverse family structures

Emphasizing client participation in the therapeutic process, we recognize that individuals are our most valuable resource for resolving inner and circumstantial conflicts. Our philosophy centers on the idea that the person is not the problem, the problem is the problem.

Anesis Therapy's mission is to guide people through mental health and wellness aspects of life in a way that honors culture, family, community, and faith.

To learn more, please visit our website at [www.anesistherapycenter.com](http://www.anesistherapycenter.com)

# CATALYST FOR CHANGE, INC

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| <p><b>2617 EAST WASHINGTON Avenue</b><br/><b>MADISON, WI 53704</b></p> <p><b>2901 INTERNATIONAL Lane</b><br/><b>STE 100</b><br/><b>MADISON, WI 53704</b></p>  | <p><b>Telephone:</b> (608) 335-2872</p> <p><b>Fax:</b> (608) 480-8070</p> <p><b>Website:</b> www.catalystforchangeinc.org</p>   |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>   | <p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>Languages:</b> Spanish</p> |
| <p><b>Service Description</b></p> <p>Catalyst for Change is a non-profit organization founded in 2019 to address gaps in homeless services. Our team is dedicated to supporting and empowering individuals experiencing homelessness and housing insecurity in our community. We create meaningful connections by offering street outreach, trauma-informed clinical interventions, and harm reduction services. We provide wrap-around, intensive case management, substance abuse treatment, and psychoeducation to our CCS participants. Our mission is to impact the community by offering quality compassionate services that promote the upliftment and humanity of the most vulnerable members of society. Our vision is to eliminate human suffering.</p> |   |

# COMMON THREADS FAMILY RESOURCE CENTER

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| <p><b>1717 N. STOUGHTON ROAD</b><br/> <b>MADISON, WI 53704</b><br/> <i>Wheelchair Accessible</i></p>   | <p><b>Telephone:</b> (608) 838-8999<br/> <b>Fax:</b> (608) 838-8988<br/> <b>Website:</b> <a href="http://www.commonthreadsmadison.org">www.commonthreadsmadison.org</a></p>   |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Psychotherapy</li> </ul>  | <p><b>Ages Served:</b> 4 - 21</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> We specialize in sensory, regulation, and interoception issues that often co-occur with mental health concerns, and serve individuals with a wide variety of mental health challenges and behavioral disorders beyond this. We cannot serve clients with serious sexual offenses or violent felonies.</p> <p><b>Languages:</b> Korean</p> |
| <p><b>Service Description</b><br/> Common Threads is a state-licensed psychotherapy and occupational therapy clinic and an alternative placement school program. We provide comprehensive innovative therapeutic services for individuals with autism, mental health, trauma, sensory, behavioral, and cognitive needs. Our multidisciplinary team includes top professionals from multiple treatment, development, and educational areas to ensure we provide the most appropriate and forward-thinking services for every individual client. We believe in the inherent worth of every client and embrace all families who seek out our center. We partner together, with dedicated and compassionate services and support, to help facilitate growth and development. It is our privilege to be of service.</p> |   |

# COMMUNITY COUNSELING CENTER OF MADISON WI INC

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| <p><b>6629 UNIVERSITY Avenue</b><br/> <b>STE 209</b><br/> <b>MIDDLETON, WI 53562</b></p>  | <p><b>Telephone:</b> (608) 833-5880<br/> <b>Fax:</b> (608) 829-3787<br/> <b>Website:</b> <a href="http://www.communitycounselingmadison.org">www.communitycounselingmadison.org</a></p>  |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>   | <p><b>Ages Served:</b> 13 - 74</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> Our office is located on the 2nd floor and there is no elevator, so clients must be able to navigate stairs.</p> <p><b>Languages:</b> American Sign Language, Bulgarian, Macedonian, Russian, Serbian</p> <p><b>State Certification:</b> DHS 35 Certified</p> |
| <p><b>Service Description</b></p> <p>The Community Counseling Center of Madison, Wisconsin, Inc. provides professional counseling by trained and skilled social workers, counselors, and licensed psychologists. The clinic is licensed by the State of Wisconsin (as an outpatient mental health clinic) and has been serving the community since 1975.</p> <p>Our therapeutic services include: individual therapy, group therapy, family therapy, couples therapy, marriage therapy, sex therapy, and play therapy. We specialize in treating eating disorders, AODA, learning disabilities, and trauma.</p> |  |

# FORWARD LEARNING YOUTH AND YOUNG ADULTS INC.

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| <p><b>199 E BADGER Road</b><br/> <b>STE 200</b><br/> <b>MADISON, WI 53713</b><br/> <i>Wheelchair Accessible</i></p>  | <p><b>Telephone:</b> (608) 819-6390<br/> <b>Fax:</b> (608) 807-5167<br/> <b>Website:</b> www.flyy.org</p>   |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Psychotherapy</li> </ul>   | <p><b>Ages Served:</b> 4 - 49</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> We are not able to serve clients with serious violent sexual charges, actively psychotic, or in need of detox services.</p> |
| <p><b>Service Description</b></p> <p>FLYY is a community-based nonprofit serving youth, young adults and their parents or caregivers throughout Dane County. Typical participants are between ages 6 - 35, and parents or caregivers of any age. FL YY offers modern, recovery-based modalities and relationship-based supportive services in partnership with Dane County Comprehensive Community Services (CCS). FLYY also provides supportive services for LGBTQ+-identified individuals, including gender and sexual identity affirming services through a trauma-informed lens. All services are designed to help strengthen the client's family and support system and are tailored to the unique needs of each participant.</p> <p>In order to promote maximum therapeutic growth, sessions often happen in a non-office setting. Staff utilize the non-traditional environment of the session as a tool for success, integration, and to facilitate the growth process. A typical session might be held outdoors to allow not only for verbal processing, experiential modeling, and teaching, but also for healing of the spirit. Other sessions may take place in home, at a coffee shop, a library, or at FL YY's office.</p> <p>FLYY offers the following services:</p> <ul style="list-style-type: none"> <li>• Individual Therapy/Psychoeducation</li> <li>• Individual Skill Development</li> <li>• Parent Psychoeducation</li> <li>• Service Facilitation</li> </ul> |   |

# GRAND JOURNEY, LLC

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| <p><b>1320 MENDOTA Street</b><br/> <b>STE 106</b><br/> <b>MADISON, WI 53714</b><br/> <i>Wheelchair Accessible</i></p>  | <p><b>Telephone:</b> (608) 301-7413<br/> <b>Fax:</b> (608) 286-1385<br/> <b>Website:</b> www.grandjourneyllc.com</p>  |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Peer Support</li> </ul>   | <p><b>Ages Served:</b> Birth - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>Languages:</b> Hmong, Khmer, Laotian, Mandarin, Thai</p> |
| <p><b>Service Description</b></p> <p>Grand Journey provides a space in which families and individuals can feel safe to express and share experiences to increase their understanding and the ability to live successfully within the broader cultural context while receiving support and treatment for mental health issues. Grand Journey was established to bring diverse and competent mental health care in Dane County. Grand Journey staff is comprised of racially, culturally, and linguistically diverse background. Our staff bring life and clinical experience, insight, and community knowledge that deeply supports structural inclusivity within all aspects of our reach.</p> <p>Our goal is to work in partnership with health/social care and other agencies to provide treatment, care and support individuals. Furthermore, we provide early intervention services, promote recovery and wellness for persons with mental illness, and eliminate disparities in mental health care across socioeconomic and racial/ethnic groups.</p> |   |



# GREYLEY WELLNESS LLC

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| <p><b>2010 EASTWOOD Drive</b><br/> <b>STE 300</b><br/> <b>MADISON, WI 53704</b></p>  | <p><b>Telephone:</b> (608) 509-9287<br/> <b>Fax:</b> (608) 630-8089<br/> <b>Website:</b> www.greyleywellness.com</p>  |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Psychotherapy</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>   | <p><b>Ages Served:</b> 4 - 79</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>State Certification:</b> DHS 35 Certified</p> |
| <p><b>Service Description</b></p> <p>At Greyley Wellness, we are committed to helping our clients find intention and life in the middle - the grey space that's full of possibilities. We offer a variety of mental health services to help you on your journey. Our team is dedicated to providing you with the highest quality of care, customized to your individual needs. We believe that everyone deserves to live a fulfilling life, all are worthy of finding mental wellness and we're here to help you achieve that.</p> <p>In addition to service facilitation, Greyley Wellness psychotherapists specialize in Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT) and Trauma Focused-Cognitive Behavioral Therapy (TF-CBT). Greyley Wellness also offers a variety of groups throughout the year. We meet with clients in office, in the community and via telehealth.</p> |   |

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| <p><b>2909 LANDMARK PLACE<br/>STE 102<br/>MADISON, WI 53713</b></p>  | <p><b>Telephone:</b> (855) 458-4966<br/><b>Fax:</b> (608) 841-1200<br/><b>Website:</b> www.healthymindsllc.com</p>   |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>  | <p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>Languages:</b> Hmong, Spanish</p> |
| <p><b>Service Description</b></p> <p>Service Description: HealthyMinds is a culturally affirming outpatient mental health clinic who base our success on our client's long-term good health. We have extensive experience with the LGBTQ population and specific experience working with gender transitioning individuals. We believe in personalized care based on client's mental health concerns and offer a wide array of psychosocial rehabilitation services to clients across the lifespan who have needs for ongoing, high or low-intensity services resulting from mental health or substance use disorders. The services and supportive activities we provide to CCS clients with mental health and/or substance use conditions allow them to achieve their highest possible level of independent functioning, stability, independence, and to facilitate recovery.</p> <p>Specializations: Behavioral Health, Individual Psychotherapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Interpersonal Therapy (ITP), Acceptance and Commitment Therapy (ACT), Group Psychotherapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Acceptance and Commitment Therapy (ACT), Addiction (Substance Use Disorder), Supporting parents and children through the facilitation of Nurtured Heart Approach® groups and home visits, Marriage and Family Therapy, Trauma Informed Therapy, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Acute Trauma Intervention Protocols (ATIP), Eye Movement Desensitization and Reprocessing (EMDR), Child and Adolescent mental Health, Mental Health Counseling, Psychological First Aid, Critical Incident Stress Management, Eye Movement Desensitization and Reprocessing (EMDR).</p> <p>Conditions Treated: Trauma, Crisis, Suicide Prevention, Substance Abuse, Victim Assistance, Sexual Abuse, Anxiety, Depression, Grief and Loss, Sports Psychology, Eating Disorders, Financial Discords, Life Transitions, Gender Transitioning.</p> |  |

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| <p><b>5944 SEMINOLE CENTRE Court<br/>STE 120<br/>FITCHBURG, WI 53711</b></p>   | <p><b>Telephone:</b> (844) 467-3467<br/><b>Fax:</b> (844) 502-1200<br/><b>Website:</b> www.HopeInspiredWI.com</p>   |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>  | <p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>Languages:</b> Russian</p> |
| <p><b>Service Description</b></p> <p>Hope Inspired is a Service Facilitation and Array services agency that specializes in services to people ages 3 and up who have experienced complex trauma and have substance use and/or mental health concerns. Staff have specialized training and experience in trauma treatment. We have staff experienced in working with children, adolescents, and transitional age youth (18-21) who are looking for ways to increase their independence as young adults. We utilize a trauma-informed family systems approach as well as a person-in-environment approach with clients, where we recognize that there are many factors that contribute to child/adolescent/adult mental health/substance use concerns. We are experienced in working with school districts regarding best opportunities for success with struggling students. We work closely with community housing and employment agencies, the medical community, and other community resources. Additionally, staff is experienced in working with the criminal justice system and population, and provides emotionally safe, non-judgmental services for all clients, including advocacy in the court system.</p> <p>At Hope Inspired, we believe unconditionally in people's strength, resourcefulness, and possibility. We work with compassion, integrity, and warmth with the aim that our clients leave our time together with a deeper feeling of purpose, understanding, and empowerment to live life under their terms and with a sense of peace. The strengths that we see in people give us hope. The intention of our work is to help clients find where their hope comes from, because with hope, anything is possible. We combine best practices to fit the needs of our clients, and we collaborate with other CCS agencies to ensure our clients have the complete care and team they need to reach their goals.</p> |   |

# INSIGHT COUNSELING & WELLNESS, LLC

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| <p><b>1943 WINNEBAGO ST.<br/>MADISON, WI 53704<br/><i>Wheelchair Accessible</i></b></p> <p><b>324 S. MAIN STREET<br/>VERONA, WI 53593<br/><i>Wheelchair Accessible</i></b></p>  | <p><b>Telephone:</b> (608) 244-4859<br/><b>Fax:</b> (608) 244-6809<br/><b>Website:</b> www.insightmadison.com</p>   |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Peer Support</li> <li>* Psychotherapy</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>  | <p><b>Ages Served:</b> 4 - 84</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> Diagnostic Evaluations are only available to those who are already paired with an Insight therapist</p> <p><b>Languages:</b> Hmong, Spanish</p> <p><b>State Certification:</b> DHS 35 Certified</p> |
| <p><b>Service Description</b><br/>At Insight, we offer holistic interventions, which means that we consider wellness of each person's mind, body and spirit. We offer individualized attention and cater our services to the unique needs of each person. We are skilled in employing body-centered therapies when appropriate, such as dance/movement therapy, somatic-expressive therapy and yoga therapy. In addition, we provide personal training services with individualized exercise programming and nutritional guidance. We are also versed in mindfulness meditation and EMDR (eye movement desensitization and reprocessing).<br/>Our therapists are master's and doctoral-level professionals in counseling, social work or marriage and family therapy.</p> |   |

# JOURNEY MENTAL HEALTH CENTER

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| <p><b>802 E GORHAM Street<br/>MADISON, WI 53703</b></p> <p><b>25 KESSEL Court<br/>STE 105<br/>MADISON, WI 53711</b><br/><i>Wheelchair Accessible</i></p> <p><b>49 KESSEL Court<br/>MADISON, WI 53711</b></p>   | <p><b>210 E OLIN Avenue<br/>STE 201<br/>MADISON, WI 53713</b></p>   | <p><b>Telephone:</b> (608) 280-2700</p> <p><b>Fax:</b> (608) 280-2707</p> <p><b>Website:</b> www.journeymhc.org</p> |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>  | <p><b>Ages Served:</b> Birth - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> We do not service individuals with advanced dementia. We work with many consumers who are registered on the Wisconsin Sexual Offender Registry but we do not provide sexual offender treatment.</p> <p><b>Languages:</b> French, German, Hmong, Spanish</p> <p><b>State Certification:</b> DHS 75.50 Certified</p> |   |
| <p><b>Service Description</b></p> <p>At Journey Mental Health Center, CCS providers are able to provide all of the services on the array to consumers through their lifespan (child, adolescent and young, middle and older adults) in multiple programs. We work with individuals, their family members, CCS providers, and others that the person identifies as important in their recovery to support consumers in a holistic manner These programs include:</p> <ul style="list-style-type: none"> <li>• Growth Recovery Outreach Wellness (GROW), an intensive case management program at Journey, offering service facilitation including supportive counseling, advocacy, vocational/educational supports, support around primary health care, and coordination of benefits. GROW provides CCS services in both clinic-based and community-based settings. GROW also includes our First Episode Psychosis specific program, Promoting Recovery from Onset of Psychosis (PROPs).</li> <li>• Yahara House (YH), a Clubhouse Model of mental health services, offers adults a path to recovery through relationships and work. YH members and staff work side by side building relationships with peers while learning important job skills. Service facilitation includes supportive counseling, member run self-help groups, supported employment, and transitional work experiences.</li> <li>• Journey's Outpatient Services offers an array of treatment modalities for psychotherapy in both group and individual settings, including: Cognitive Behavioral Therapy, Eye Movement Desensitization and Reprocessing, Seeking Safety, Dialectical Behavior Therapy Groups, Adults and Children Together, Child Parent Psychotherapy, Trauma Focused CBT, substance use treatment, and specialized treatment for trauma. This program also offers psychiatry/medication management. Psychotherapy and psychiatry is only available for consumers also receiving service facilitation at Journey.</li> </ul> |   |   |

## KEEPING FAMILIES TOGETHER LLC

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| <p><b>425 W MAIN Street</b><br/> <b>STE 101</b><br/> <b>SUN PRAIRIE, WI 53590</b><br/> <i>Wheelchair Accessible</i></p>  | <p><b>Telephone:</b> (608) 318-1496<br/> <b>Fax:</b> (608) 318-1496<br/> <b>Website:</b> www.keepingfamiliesaltogetherinc.com</p>         |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Substance Abuse Treatment</li> </ul>  | <p><b>Ages Served:</b> 4 - 64</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> |
| <p><b>Service Description</b></p> <p>Keeping Families Together, LLC provides a approach to dealing with individuals and/or families who suffer, from mental illness and/or dually diagnosed disorders. We believe in a holistic approach that addresses the consumers immediate needs and underlying problems. We welcome all individuals regardless of their race, gender, sexual orientation, and/or religious beliefs. Our mission is to enhance the dignity and quality of life of individuals from all walks of life by strengthening families and helping to eliminate barriers to opportunity. We believe that a true continuum of care includes treatment services, intervention services as well as preventive and educational services. Our staff consist of license substance professionals and mental health providers with over 20 years of experience working with vulnerable populations. We specialize with reducing the rates of recidivism amongst individuals who has been involved with the criminal justice system.</p> |   |

## LUTHERAN SOCIAL SERVICES - Service Facilitation & Outpatient CCS

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| <p><b>1904 WINNEBAGO STREET</b><br/> <b>MADISON, WI 53704</b><br/> <i>Wheelchair Accessible</i></p>   | <p><b>Telephone:</b> (414) 246-2300<br/> <b>Fax:</b> (414) 246-2524<br/> <b>Website:</b> www.lsswis.org</p>                                |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Peer Support</li> <li>* Psychotherapy</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>  | <p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> |
| <p><b>Service Description</b></p> <p>The Service Facilitators within Lutheran Social Services provides community-based care coordination services to individuals with high level needs across multiple environments. This staff will provide assessment services, including an in-depth mental health and substance use assessment identifying consumer strengths and needs; works with the consumer/family to identify goals; and facilitates monthly team meetings. The service facilitator ensures the recovery plan and service delivery for consumers is coordinated, monitored and designed to support the consumer in a manner that helps them achieve the highest level of independent functioning.</p> <p>Lutheran Social Services also provides psychotherapy services through our community-based service array. We utilize evidence-based practices to create an individualized approach to meeting a consumer's mental health and substance abuse needs.</p> |  |

# MANIFEST WELLNESS, LLC

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| <b>PO BOX 930155</b><br><b>VERONA, WI 53593</b>  | <b>Telephone:</b> (608) 291-3676<br><b>Fax:</b> (608) 716-3156<br><b>Website:</b>  |
| <b>Services Provided:</b><br>* SERVICE FACILITATION (assessment/planning)<br>* Individual and/or Family Psychoeducation<br>* Individual Skill Development and Enhancement<br>* Psychotherapy<br>* Substance Abuse Treatment<br>* Wellness Management and Recovery/Recovery Support Services  | <b>Ages Served:</b> 4 - 85+<br><b>Service Location:</b> Home, Office, Other Place of Service<br><b>Service Limitations:</b><br><br><b>Languages:</b> Mandarin, Spanish |
| <b>Service Description</b><br>The providers at Manifest Wellness strive to be good team members who use solution focused, client-centered approaches to Wellness Support and Recovery Planning. Our goal is to assist consumers in exploring, clarifying, and achieving their personalized goals as they endeavor to improve their overall life satisfaction. Services provided by Manifest Wellness shall include: Service Facilitation (including Service Planning and Screening & Assessment), Individual Skill Development and Enhancement, Individual and Family Psychoeducation, Substance Abuse Treatment, Psychotherapy, and Wellness Management and Recovery/Recovery Support Services. |  |



# OPEN DOOR CENTER FOR CHANGE LLC

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| <p><b>6502 GRAND TETON Plaza</b><br/> <b>STE 102</b><br/> <b>MADISON, WI 53719-1047</b><br/> <i>Wheelchair Accessible</i></p> <p><b>2820 WALTON COMMONS</b><br/> <b>STE 128</b><br/> <b>MADISON, WI 53718</b></p>   | <p><b>Telephone:</b> (608) 827-7220<br/> <b>Fax:</b> (608) 827-7223<br/> <b>Website:</b> www.opendoorcfc.com</p>   |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Psychotherapy</li> </ul>  | <p><b>Ages Served:</b> 4 - 84</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>Languages:</b> Spanish</p> |
| <p><b>Service Description</b></p> <p>Open Door Center for Change is a full-service outpatient mental health clinic that provides a range of services to people throughout the lifespan. Our clinicians have a wide variety of training and specializations including Neurofeedback, TRE, EMDR, and DBT. All of our clinicians work from a trauma-informed and client centered perspective.</p> <p>We provide a full service dialectical behavior therapy program to individuals as young as 13 years of age. The program includes: weekly skills training group (core mindfulness, interpersonal effectiveness, emotion regulation, and distress tolerance skills), weekly individual therapy, daily diary cards, 24/7 phone coaching and parent/caregiver involvement. This evidence based treatment serves clients who have demonstrated difficulty managing emotions, impulsive behaviors and suicidal thoughts.</p> <p>Bilingual (Spanish/English) psychotherapy is available.</p> <p>Service Facilitation is available for Adolescents and Adults.</p> |  |

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| <p><b>313 PRICE Place<br/>STE 104<br/>MADISON, WI 53705<br/>Wheelchair Accessible</b></p>  | <p><b>Telephone:</b> (608) 886-9373<br/><b>Fax:</b> (608) 440-2846<br/><b>Website:</b> www.orchestrax.org</p>   |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>  | <p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>Languages:</b> Spanish</p> |
| <p><b>Service Description</b></p> <p>Orchestra X offers a wide array of client-centered solution-focused recovery wellness services. Our highly experienced providers work with youth, families, and adults including the elderly population. We at OX believe that the essence of healing starts with utilizing a person's inherent strength and innate creativity and talent.</p> <p>We will work with you in your mental health/substance use recovery journey. With respect, care, and joining through active listening, empathy, and humor we will honor your path and will be honored to be a part of your journey.</p> <p>We believe that community is a powerful part of recovery. We can work with you in the community, or wherever is best for you. Services we provide include Strength Based psychotherapy approaches including Narrative Therapy, Cognitive Behavioral Therapy (CBT) and Solutions Focused Therapy. Orchestra X Providers are trained in several modalities of Trauma Recovery.</p> <p>Many of our Providers are Certified Substance Abuse Counselors and recovery from addiction is foundational to our Recovery Mission at Orchestra X. You will receive care through all stages of Substance Use Recovery in a supportive caring therapeutic environment.</p> <p>We provide a wide range of skills-based development services with specializations in housing, education, medication management and physical health monitoring. In partnership with Chrysalis, we provide cutting- edge employment services. We also provide Service Facilitation, individual and family psychoeducation, as well as Peer Support Services.</p> <p>At Orchestra X we commit to meeting and engaging you where you are. We will walk alongside you to achieve your goals, realize your dreams, and become your best.</p> |   |

# ORION FAMILY SERVICES

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| <p><b>4726 E. TOWNE BLVD.<br/>MADISON, WI 53704<br/><i>Wheelchair Accessible</i></b></p> <p><b>26 SCHROEDER CT.<br/>STE 210<br/>MADISON, WI 53711</b></p>  | <p><b>Telephone:</b> (608) 270-2511<br/><b>Fax:</b> (608) 270-0467<br/><b>Website:</b> <a href="http://www.orionfamilyservices.org">www.orionfamilyservices.org</a></p>   |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Psychotherapy</li> </ul>   | <p><b>Ages Served:</b> Birth - 21</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> We would be unwilling to serve consumers who present a safety threat to Orion Staff</p> |
| <p><b>Service Description</b></p> <p>Orion Family Services is a private, nonprofit organization which serves children, adolescents and families throughout Wisconsin. Orion's programs are dedicated to providing compassionate treatment services to troubled children and their families. Services include outpatient and in-home individual and family therapy to children, adolescents and families as well as a range of other critical outreach services, such as Service Facilitation and Individual Skills Development.</p> <p>The Orion Intensive In-Home Family Therapy Program is designed for treatment of children and adolescents experiencing severe emotional, behavioral, and social difficulties within their home, school or community. Including families in treatment when working with children and adolescents is an approach that improves individual and family functioning. Although the identified client is the child or adolescent, the program's focus includes treatment that supports the family in resolving their difficulties. The philosophy of the program is that everyone in the family is responsible, but no one is to blame. Treatment emphasis is placed up on enhancing family strengths and supporting positive changes in the family system, in order to improve the overall functioning of the child. Therapists work with families to increase family cohesion and effective communication, and to create a supportive family environment where negative behaviors are reduced and positive behaviors increased. Parenting skills education is incorporated in treatment in either a formal curriculum-based approach (through out Parent Skill-Builder Program) or informally as needed. For families impacted by trauma, we help healing occur through the use of trauma-informed treatment approaches such as Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT). Orion has clinicians that have obtained advanced training in the utilization of this evidence-based and highly effective model for resolving trauma and reducing resultant emotional, behavioral, and interpersonal issues.</p> |   |

# RADIANT MINDS BEHAVIORAL HEALTH SERVICES, LLC

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| <p><b>PO BOX 259204</b><br/><b>MADISON, WI 53725</b></p> <p><b>1134 HACKBERRY Lane</b><br/><b>MADISON, WI 53713</b><br/><i>Wheelchair Accessible</i></p>   | <p><b>Telephone:</b> (608) 217-0438</p> <p><b>Fax:</b></p> <p><b>Website:</b></p>  |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual Skill Development and Enhancement</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>   | <p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> |
| <p><b>Service Description</b></p> <p>At Radiant Minds Behavioral Health Services, LLC, we offer a comprehensive range of client-centered services designed to support individuals in achieving their goals and improving their overall well-being. Our services include:</p> <ol style="list-style-type: none"> <li>1. Screening and Assessment: Includes conducting thorough assessments to understand each individual's unique needs, strengths, and challenges. This helps us tailor our services to their specific requirements.</li> <li>2. Service Planning: Based on the assessment results, we develop personalized service plans that outline the goals, strategies, and resources needed to support our clients on their journey to success.</li> <li>3. Service Facilitation: Our team will coordinate and connect clients with the appropriate services, resources, and support, ensuring a seamless and efficient process.</li> <li>4. Individual Skill Development and Enhancement: Our agency offers skill-building programs and workshops that empower clients to acquire and refine essential life skills, enhancing their self-sufficiency and independence.</li> <li>5. Employment-Related Skill Training: Our agency provides specialized training to help clients develop the skills and knowledge needed to succeed in the workforce. This includes resume building, interview preparation, job search strategies, and more.</li> </ol> <p>Our commitment is to assist individuals in reaching their full potential, promoting self-determination, and fostering a sense of empowerment in the pursuit of their life goals</p> |  |

## RCC Wellness and Support Services

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| <p><b>2801 COHO Street</b><br/> <b>STE 301</b><br/> <b>MADISON, WI 53713</b><br/> <i>Wheelchair Accessible</i></p>   | <p><b>Telephone:</b> (608) 251-5126<br/> <b>Fax:</b> (608) 251-6229<br/> <b>Website:</b> <a href="https://thercc.org/">https://thercc.org/</a></p>  |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>   | <p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> The RCC provides services to survivors (4 years and older, their family members, and support network) of primary and secondary trauma. RCC does not work with perpetrators of trauma.</p> <p><b>Languages:</b> Hmong</p> |
| <p><b>Service Description</b></p> <p>RCC Wellness &amp; Support Services takes a comprehensive cultural, biopsychosocial approach in caring for the whole person. We provide trauma informed and trauma responsive services to anyone who has experienced primary and/or secondary trauma, their family members, and/or their support network. RCC Wellness &amp; Support Services provides services for children (4 years and older), adolescents and adults. We believe in compassionate care using evidence-based practices and a systems approach. RCC Wellness &amp; Support Services works to empower those impacted by trauma to develop their own recovery goals and be a partner in the service facilitation and therapy process through a collaborative approach. We provide service facilitation in Hmong and English. Our Bilingual/Bicultural Hmong Service Facilitator has earned Parent Coaching and Infant Early Childhood Family Mental Health Capstone Certificates. We use interventions such as Trauma Focused Cognitive Behavioral Therapy (TFCBT), Substance Use Counseling, Dialectical Behavior Therapy (DBT), and Motivational Interviewing. RCC Wellness &amp; Support Services does not work with perpetrators of trauma.</p> |   |

# RISE WISCONSIN, INC.

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| <p><b>2120 FORDEM Avenue<br/>MADISON, WI 54704</b></p>  | <p><b>Telephone:</b> (608) 250-6634<br/> <b>Fax:</b> (608) 250-6637<br/> <b>Website:</b> www.risewisconsin.org</p>   |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Psychotherapy</li> </ul>  | <p><b>Ages Served:</b> 4 - 49</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> We do not currently have a psychiatrist on site, but we are well connected to psychiatrists in the community and are prepared to help link you with this service.</p> <p><b>Languages:</b> Spanish</p> |
| <p><b>Service Description</b></p> <p>At RISE, we specialize in transitions of all kinds, because change can be hard. We know that feeling overwhelmed and stressed can get in the way of living the life you want. We are here to support you in identifying and learning new skills. Youth, young adults and families are served with care, cultural sensitivity and compassion.</p> <p>We walk with you in building your hopes and dreams, grounded in mental health and substance use recovery. You decide what services will help you reach your goals, and we will get you connected. You have many kinds of support to choose from. We are flexible and will meet you where it works best for you, and we provide a variety of services tailored to your wellness goals.</p> <p>With our service facilitation at RISE, you can access Individual Skills Development (ISD), as well as individual and family psychoeducation. Through our team's partnership with Chrysalis and the Department of Vocational Rehabilitation (DVR), we offer state-of-the-art employment support to help you reach your goals. Finding a therapist, securing stable housing, getting connected to a doctor, finding the right support at school, and figuring out benefits (SSDI, Section-8, food assistance) can all happen while you are with us.</p> <p>RISE values lived experience and your individual voice and choice in your own recovery journey.</p> <p>We look forward to meeting you!</p> |  |

# STEP TIME, INC.

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| <p><b>2976 TRIVERTON PIKE Drive</b><br/> <b>STE 110</b><br/> <b>FITCHBURG, WI 53711</b></p> <p><b>2984 TRIVERTON PIKE Drive</b><br/> <b>STE 101</b><br/> <b>FITCHBURG, WI 53711</b></p>   | <p><b>Telephone:</b> (608) 286-1037<br/> <b>Fax:</b> (608) 561-8744<br/> <b>Website:</b> www.steptimeinc2022.net</p>                 |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>  | <p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> |
| <p><b>Service Description</b><br/>         Primary services at this time: Housing, employment, AODA services.</p> <p>STEP TIME, INC., is an agency that serves individuals in the community with housing, employment, mental health and substance abuse concerns. Step Time, Inc., is a new agency in the Madison community. Our moto is: Faith is the substance of things hoped for and the evidence of things not seen.”<br/>         We strive to make a difference in the lives of people who may have lost their way. We make a difference, we listen, we advocate, and we ensure our clients are heard!</p> |  |

# THE HMONG INSTITUTE INCORPORATED

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| <p><b>4402 FEMRITE Drive</b><br/> <b>MADISON, WI 53716</b><br/> <i>Wheelchair Accessible</i></p>   | <p><b>Telephone:</b> (608) 692-8918<br/> <b>Fax:</b> (608) 222-4903<br/> <b>Website:</b> www.thehmonginstitute.org</p>  |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>   | <p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>Languages:</b> Hmong</p> |
| <p><b>Service Description</b><br/>         We provide culturally and linguistically responsive services to Southeast and East Asian clients. We provide nontraditional psychosocial rehabilitative services such as the use of a monk, soul caller, or shaman to perform spiritual ceremony to unite the body and soul. These nontraditional services help restore the client's functional capabilities and increase community living ability as well as the ability to carry out activities associated with daily living. Service facilitation activities that we ensure the member receives are: bilingual assessment services, service planning, service delivery and supportive activities. We also provide psychotherapy, psychoeducation, and peer support services to promote wellness and self-direction, including individual skill development and enhancement services for problem solving, decision-making, self- regulation, daily living skills related to personal care, household tasks, financial management, and connecting to community resources and services.</p> |   |



# THE PSYCHOLOGY CLINIC, INC.

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| <p><b>310 N MIDVALE Boulevard</b><br/> <b>STE 202</b><br/> <b>MADISON, WI 53705</b><br/> <i>Wheelchair Accessible</i></p> <p><b>5555 ODANA ROAD</b><br/> <b>STE 202</b><br/> <b>MADISON, WI 53719</b></p>  | <p><b>Telephone:</b> (608) 852-8585<br/> <b>Fax:</b> (608) 238-1929<br/> <b>Website:</b> www.thepsychologyclinicinc.com</p>  |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> </ul>  | <p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>Languages:</b> French, German, Mandarin</p> |
| <p><b>Service Description</b></p> <p>The Psychology Clinic, Inc., is a multifaceted outpatient mental health clinic serving children, adolescents and adults. Our staff have extensive experience in crisis intervention services and we specialize in working with clients with complex mental health and situational needs. Some service array providers are also able to meet outside of regular business hours to meet client's mental health needs while continuing to meet their other demands. We have assembled a multidisciplinary team to provide a broad range of traditional and innovative professional services. Staff will be providing a variety of trauma informed approaches to services, including somatic experiencing, DBT, EMDR, IFS, TF-CBT, trauma informed weight lifting and yoga, and more. We have developed an approach that is designed to be responsive to people's needs in a wide variety of circumstances.</p> <p>Services:</p> <ul style="list-style-type: none"> <li>• Culturally-sensitive psychotherapy for individuals, couples, families and groups. We work with clients wherever it is most effective do so – in our office or in their homes. We encourage clients to take an active role in shaping their counseling treatment plans.</li> <li>• Service facilitation for children, adolescents and adults. We pride ourselves in providing responsive, compassionate and individualized case management services.</li> <li>• Medication management with prescribing for youth and adults with experience including first episode psychosis.</li> <li>• Diagnostic Evaluations performed in a thorough and timely manner.</li> <li>• Psychoeducation for children, adolescents and adults provided in a setting designed to maximize effective learning for clients.</li> <li>• Family/Individual skill development and enhancement services for various needs including (but not limited to) organization, coping skills, social skills, community resources, employment seeking, time management, mental focus, emotional regulation, and problem-solving.</li> <li>• Substance abuse treatment for adolescents and adults.</li> <li>• Wellness management and recovery support services for clients of all ages.</li> </ul> |  |

# TRIQUESTRIAN LLC

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| <p><b>996 STORYTOWN ROAD<br/>BROOKLYN, WI 53521</b></p> <p><b>6410 ENTERPRISE Lane<br/>STE 210<br/>MADISON, WI 53719</b><br/><i>Wheelchair Accessible</i></p>   | <p><b>Telephone:</b> (608) 400-3672<br/><b>Fax:</b> (608) 422-4006<br/><b>Website:</b> www.triquestrian.com</p>   |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>   | <p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>Languages:</b> Mandarin</p> <p><b>State Certification:</b> DHS 75.50 Certified</p> |
| <p><b>Service Description</b></p> <p><b>Office Based Services:</b><br/>Triquestrian provides traditional office based psychotherapy for adolescents and adults. Our skilled therapists work with a variety of mental health and substance use issues including but not limited to Anxiety, Depression, BiPolar Disorder, Eating Disorders, Substance Use Disorders, Borderline Personality Disorder, Gender Identity, and Trauma. We tailor our services to meet the needs of each person we are working with utilizing CBT, DBT, Motivational Interviewing, Somatic Experiences, EMDR, and a variety of other approaches. We also provide Medication Management, Physical Health Monitoring, Individual Skill Development and Enhancement, Employment Related Skill Development, Individual and/or Family Psychoeducation, Psychotherapy and Substance Abuse Treatment. We are working to add Prescriber services, Peer Support, and Wellness Management and Recovery/Recovery Support Services. Triquestrian also provides Service Facilitation services helping connect individuals with resources in the community. Our Service Facilitators will work directly with the individual to identify goals and develop plans that fit their needs to reach their goals.</p> <p><b>Equine Assisted Psychotherapy and Equine Assisted Learning Services:</b><br/>Triquestrian also provides Equine Assisted Psychotherapy and Equine Assisted Learning. Our mission is to provide the community with opportunities for growth and learning through connection and relationship building with horses.<br/>We focus on Trauma Focused – Equine Assisted Psychotherapy (TF-EAP™) utilizing Natural Lifemanship. TF-EAP™ is based on the neuroscience of human and horse brain development, the impact of trauma, and the role of relationships in recovery and healing. It is principle based with a focus on assisting participants to create new neural pathways while learning regulation strategies in a trauma focused approach. TF-EAP™ Relationship Logic™ services focus on developing healthy relationship patterns by building a relationship with a horse focused on felt sense of safety, regulation, and connection for all. No riding is involved and no horse experience is required. Our TF-EAP™ Rhythmic Riding program focuses on helping participants deepen their sense of connection with themselves and their horse while experiencing somatosensory input through bottom up regulation thereby creating and strengthening neural pathways.</p> |   |

# WISCONSIN FAMILY MENTAL BALANCE LLC

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| <p>555 D'ONOFRIO Drive<br/>         STE 201<br/>         MADISON, WI 53719<br/> <i>Wheelchair Accessible</i></p>   | <p><b>Telephone:</b> (608) 820-1395<br/> <b>Fax:</b><br/> <b>Website:</b> <a href="http://www.wisconsinfamilymentalbalance.com">www.wisconsinfamilymentalbalance.com</a></p> |
| <p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> </ul>  | <p><b>Ages Served:</b> 4 - 85+<br/> <b>Service Location:</b> Office<br/> <b>Service Limitations:</b></p>   |
| <p><b>Service Description</b><br/>         We provide a structured behavior modification plan. We help by modifying the environment in such a way that you have more incentive to follow the rules. "The altering of behavioral patterns through the use of such learning techniques as biofeedback and positive or negative reinforcement," according to the definition of behavior modification. Simply stated, you can use positive and negative consequences to influence your child's behavior.</p> <p>Group Sessions (FOCUS group, RETENTION group)<br/>         We help educate people the tools and abilities they need to maintain their attention in a school environment and retain the lessons that were taught by the teacher</p> |  |